

Report for Corporate/Organization licensees Date: 03/27/02

Name of corporate entity; SampleCompany, Inc.

- **Cumulative usage for calendar year 2002 (including this month).**

- 220 Total number of employees who have used the program
- 200 Self help cases (91% of total)
- 25 Professional review cases (13% of total)
- 15 Recommendations to seek e.a.p. counseling (8% of total)

- **Case Activity this month**

- 49 employees started the MasteringStress program
- 141 additional employees remain as active users from previous months

- **Top Five Stress issues (monthly)**

| Item | % Picked |
|--|----------|
| about my work | 55.34% |
| about issues related to my family life | 23.07% |
| about a significant health problem of mine or someone close to me | 14.49% |
| because of a major change in my life | 04.64% |
| because I've had a recent loss, or because I expect a loss (for example, of my home, or my job, or of an important relationship) | 02.46% |

- **Work related issues (top ten reported monthly).**

| Prioritized Item | # | % |
|---|----|--------|
| there is too much pressure or tension | 38 | 21.46% |
| the demands are unreasonable | 28 | 15.81% |
| I'm not paid enough | 22 | 12.42% |
| I don't respect or trust the people I work with | 22 | 12.42% |
| things change constantly | 18 | 10.16% |
| it does not fit my talents or ambitions | 12 | 06.77% |
| there is no security or future | 11 | 06.21% |
| there are too many arguments | 10 | 05.08% |
| there is no guidance or training | 9 | 05.07% |
| it is not challenging enough | 7 | 03.95% |